



February 2012



St. Michael's Episcopal Day School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		2/1 Penne Pasta w/ Red Sauce <u>OR</u> Cheese Only Quesadilla Both served w/ fruit & veggies	2/2 Turkey Burger Sliders w/ Whole Grain Tortilla Chips <u>OR</u> Caesar Salad w/ grilled chicken	2/3 Oven Baked Cheese Pizza <u>OR</u> Pepperoni Pizza Celery Sticks, Baby Carrots, Ranch Dip and Green Salad w/ Tomato, Cucumber
2/6 Tuna sandwich on Sourdough w/ Sweet Potato Chips <u>OR</u> Chicken Noodle Soup w/ Cornbread muffin	2/7 Grilled Cheese on Sliced Sourdough w/ Steamed Broccoli <u>OR</u> Chinese Chicken Salad	2/8 Penne Pasta w/ Red Sauce <u>OR</u> Cheese Only Quesadilla Both served w/ fruit and veggies	2/9 Turkey Burger Sliders w/ Whole Grain Tortilla Chips <u>OR</u> Caesar Salad w/ grilled chicken	2/10 Oven Baked Cheese Pizza <u>OR</u> Pepperoni Pizza Celery Sticks, Baby Carrots, Ranch Dip and Green Salad w/ Tomato, Cucumber
2/13 Tuna sandwich on Sourdough w/ Sweet Potato Chips <u>OR</u> Chicken Noodle Soup w/ Cornbread muffin	2/14 Grilled Cheese on Sliced Sourdough w/ Steamed Broccoli <u>OR</u> Chinese Chicken Salad	2/15 Penne Pasta w/ Red Sauce <u>OR</u> Cheese Only Quesadilla Both served w/ fruit and veggies	2/16 Turkey Burger Sliders w/ Whole Grain Tortilla Chips <u>OR</u> Caesar Salad w/ grilled chicken	2/17 NO SCHOOL
2/20 NO SCHOOL	2/21 NO SCHOOL	2/22 NO SCHOOL	2/23 NO SCHOOL	2/24 NO SCHOOL
2/27 Tuna sandwich on Sourdough w/ Sweet Potato Chips <u>OR</u> Chicken Noodle Soup w/ Cornbread muffin	2/28 Grilled Cheese on Sliced Sourdough w/ Steamed Broccoli <u>OR</u> Chinese Chicken Salad	2/29 Penne Pasta w/ Red Sauce <u>OR</u> Cheese Only Quesadilla Both served w/ fruit and veggies		

STUDENT NAME: _____ GRADE: _____ TOTAL:\$ _____

****Includes ONE Entrée Selection with fresh fruit and milk and/or water **** Lunches are \$4.50 **if pre-ordered by Wednesday prior to the week ordering. Lunches are \$5.00 if not pre-ordered by previous Wednesday. Please make checks payable to Mama Kim Cooks.**